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00:00:00,000 --> 00:00:09,566

[Written Titles: Arak Journal, Refining A Topic]

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00:00:09,566 --> 00:00:17,033

[Music] [Written question: How did you refine your topic throughout your research process?]

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00:00:17,033 --> 00:00:20,066

I think for me it was really important

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00:00:20,066 --> 00:00:21,466

to remember that you know this is a

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00:00:21,466 --> 00:00:22,966

research paper it's not just a

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00:00:22,966 --> 00:00:24,866

reflection of my experiences as a Shoprite

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cashier you know. There has to

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be some sort of like factual basis

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00:00:28,733 --> 00:00:31,733

behind it you know. Don't let those like

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00:00:31,733 --> 00:00:33,500

preconceived notions and those

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00:00:33,500 --> 00:00:35,366

observations really dictate the

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00:00:35,366 --> 00:00:38,100

direction of your paper. For me it was

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00:00:38,100 --> 00:00:39,833

kind of having that serve as inspiration

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00:00:39,833 --> 00:00:44,033

but not necessarily like the basis or

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the the guiding light per se. Before

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00:00:46,800 --> 00:00:49,233

I could crystallize what I wanted to ask

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00:00:49,233 --> 00:00:53,633

what I wanted to investigate, it was

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still a bit of a nebulous thought. And

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the fact that there was a lot of text

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out there a lot of people asking similar

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questions, didn't really help until I

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00:01:03,900 --> 00:01:07,533

started to realize that there in the

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body of literature, there are different

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clusters investigating different aspects

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to the problem. There was an economic

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side. There was a nutritional side. There

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was a geopolitical side, a socioeconomic

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side. I got back to the root of my

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question that said, "You know poor people are

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00:01:27,466 --> 00:01:29,466

often hungry, poverty and food insecurity."

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And with that, with that common thread I

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guess I slowly started to narrow down on

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the literature that pertained most to me.

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Originally I was kind of thinking about

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doing celebrities which is kind of

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interesting. I don't think I mentioned

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specifically celebrities at all my paper.

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But I was kind of looking at it from the

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standpoint that there's just a lot of

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different stuff about you know how

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00:01:54,700 --> 00:01:56,266

involved should celebrities be in

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00:01:56,266 --> 00:01:59,033

politics you know. Should they even have

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00:01:59,033 --> 00:02:00,866

a say? Should they be advocates? Should

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00:02:00,866 --> 00:02:02,166

they not? And I was kind of looking at

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00:02:02,166 --> 00:02:04,900

that angle. But as I was trying to

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00:02:04,900 --> 00:02:06,700

research it it didn't really have

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anything. It was just a lot of opinion

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00:02:08,533 --> 00:02:09,900

based. I mean I couldn't really find any

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sort of information that actually said

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00:02:11,466 --> 00:02:14,766

"Yeah celebrities have a huge impact on

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00:02:14,766 --> 00:02:16,333

like how people vote and stuff like that."

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00:02:16,333 --> 00:02:18,500

So I'm like okay maybe I need to kind of

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00:02:18,500 --> 00:02:20,166

reframe this a little bit. So I ended up

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00:02:20,166 --> 00:02:23,366

going more more specific but also a

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00:02:23,366 --> 00:02:25,233

little bit more generalized. Like I kind

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00:02:25,233 --> 00:02:28,100

of just nixed the celebrity thing and

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00:02:28,100 --> 00:02:29,500

I'm like okay let's just think about day

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00:02:29,500 --> 00:02:31,900

to day people. And then how do day to day

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00:02:31,900 --> 00:02:33,900

people get influenced and it's usually

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00:02:33,900 --> 00:02:36,000

through politicians and then journalists.

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00:02:36,000 --> 00:02:45,366

[Music] [University of Delaware, Library, Museums & Press animated logo.]